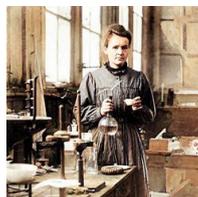


‘Your Practice, Your Voice’ March 2024 Newsletter



Welcome to the March newsletter! On the 8th of this month the World celebrates International Women’s Day. It is a day for celebrating the social, economic, cultural and political achievements of Women, and just as importantly advocating for true Equality in all walks of Life. For further information please visit www.internationalwomensday.com.



Female Pioneers in Medicine:

Marie Curie—a Polish/French physicist and chemist who conducted pioneering research on radioactivity. The first Woman to win a Nobel Peace Prize and the first person to ever win two! Declared the most influential Woman in history, whose legacy continues to this day.



Peseshet, an Egyptian woman from the Old Kingdom, is the earliest recorded female Physician. She held the title of “Lady Overseer” of the female Physicians.



Rosalind Franklin—a British chemist and X-ray crystallographer whose work was central to the understanding of the molecular structures of DNA, RNA and viruses. Her contributions in these fields were not properly acknowledged during her lifetime.

In keeping with International Women’s Day, there are a number of awareness dates to observe this month, which we would like to share:

Ovarian Cancer Awareness: Do you know that 90% of women don't know the four main symptoms of ovarian cancer? Knowing this information could be lifesaving, as an early diagnosis can make all the difference. Share this information with your family and friends. As with all Cancers; early intervention saves lives!



This March, walk for yourself, for a woman you love and for every woman affected by ovarian cancer and we can make ovarian cancer a survivable disease. You could even win a signed England shirt from your Walk in Her Name captain, Beth Mead.

Please visit <https://ovarian.org.uk> for further details!

Please turn over for further March awareness days for everyone!

Contributions & resource details welcome - We would love to hear from you! If there are any subjects you would like to see covered in this newsletter, please email martin_norman@hotmail.co.uk and add “Patients’ Voices” in the subject field.

